



TREATMENT GUIDE &
PORTFOLIO

SKIN

BY STEPH

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Info

CONSULTATIONS + FACE MAPPING

All clients are invited to attend a personal consultation to ensure the most suitable treatment plan is created — fully tailored to your individual goals, expectations, and any health considerations.

This is a relaxed, friendly chat (often over a coffee!) where we'll discuss your skin concerns, explore treatment options, and answer any questions you may have.

Your consultation also includes Facial Mapping, allowing us to assess areas such as volume loss, skin laxity, fine lines, and wrinkles to design a treatment plan that enhances your natural features and achieves the best possible results.

DEPOSITS

A 50% deposit is required when booking your treatments.

CANCELLATIONS & NO SHOWS

We kindly ask for at least 48 hours' notice for any cancellations or rescheduling. Cancellations made with less than 48 hours' notice may result in the deposit being retained. Missed appointments without prior notice may incur a full charge for the treatment.

Anti- Wrinkle

TREATMENT AREAS

Frown/11 Lines, Forehead, Crows Feet, Brow Lift, Lip Flip, Gummy Smile, Smokers Lines, Jawline Slimming, Downturned Smile, Chin Dimpling, Liquid Face Lift

PRESCRIPTION CONSULTATION

All clients are required to attend a face-to-face consultation with our Nurse Prescriber. The prescription consultation is included in the overall treatment price.

DEPOSIT

A £100 deposit is required to secure your place in our monthly clinic
£30 rebooking fee applies for missed consultations

REVIEW APPOINTMENT

A 14 day review is required for assessment and adjustments if needed

RESULTS

Visible in 3-5 days, with full effect at 10-14 days, lasting 12 weeks

PRICE

Treatment prices start from £145 (1 area)

TIME

30min

Skin Boosters

Skin boosters are injectable treatments designed to deeply hydrate and improve overall skin quality by stimulating natural regeneration processes, by injecting ingredients that are naturally produced within the skin but are lost due to lifestyle factors and ageing - such as Hyaluronic Acid

As a form of regenerative skin care, skin boosters help rejuvenate the skin from within, promoting long-term skin health and a more youthful, refreshed appearance

SKIN BOOSTERS OFFERED AT SKIN BY STEPH

**SOSUM SOFT
SEVENTY HYAL
VITARAN 2 POLYNUCLEOTIDE
VITARAN EYE POLYNUCLEOTIDE
JALUPRO YOUNG EYE
NUCLEOFIL STRONG (POLYNUCLEOTIDE)**

Sosum Soft

An advanced hydro-lifting skin enhancer serving as half booster/half filler with lightly cross-linked Hyaluronic Acid. Perfect for smoothing lines, achieving glow and sculpting and lifting the facial contours

BENEFITS

Lifting + Facial Contouring

Fills lines + wrinkles

Filler alternative for lips, chin, cheeks, marionettes, naso folds

Deep hydration

Improved elasticity and texture

Lasting effect

Radiance + Glow

Clears Pigmentation, Scarring + Imperfections

No filler migration

TREATMENT AREAS

Cheeks, Chin, Jawline, Marionette Lines, Nasolabial Folds, Smokers Lines, Lips, Crows Feet, Face, Neck, Decollete

TREATMENT METHOD

Targeted Injectable - *targeting a specific area or concern listed above*

5 or 8 Point Lift Injectable

Microneedling Infusion

TREATMENT PLAN

2-3 treatments, 2-3 weeks apart

Instant results with continued improvement lasting upto 6 months

PRICE

From £95 for 3ml

TIME

30-45min

Seventy Hyal

Seventy Hyal 2000 is a bio-stimulating, injectable hyaluronic acid (HA) skin booster that aims to improve hydration levels within the skin. Seventy Hyal skin booster also works to simultaneously stimulate the production of new collagen and elastin

BENEFITS

Glow + hydration
Clearer, luminous skin
Plumping + smoothing
Contouring + subtle lift
Clears imperfections, acne + acne scarring
Smooths fine lines including crows feet

TREATMENT AREAS

Face, Neck, Decollete. Suitable for all skins aged 20+

TREATMENT METHOD

Targeted Injectable - *targeting a specific area or concern listed above*
5 or 8 Point Lift Injectable
Microneedling Infusion

TREATMENT PLAN

3 treatments spaced 3-4 weeks apart.
Repeat at 6 months to maintain result

PRICE

Treatment prices start from £125

TIME

30-45min

Vitaran ii

Vitaran 2 is a premium polynucleotide treatment designed to improve skin quality at a cellular level. It works by repairing damaged tissue, stimulating collagen, and increasing natural hydration - delivering smoother, firmer and healthier skin from within.

Your skin - restored to its strongest, most luminous state.

BENEFITS

- Reduction in fine lines + wrinkles
- Treats acne scarring/scarring + stretchmarks
- Softens lines and crepiness
- Reduces inflammation + redness
- Boosts collagen + elastin
- Deep hydration + improved texture
- Strengthens skin barrier
- Visible radiance + firmness
- Improved elasticity

TREATMENT AREAS

Face, neck + jawline, décolleté, hands, arms, stomach.
Suitable for all skin types

TREATMENT METHOD

Targeted Injectable - targeting a specific area or concern listed above
Microneedling Infusion

TREATMENT PLAN

2-3 treatments spaced 3-4 weeks apart. Maintenance at 6 months

PRICE

£150

TIME

30-45min

Vitaran Eyes

This bio-stimulating treatment contains 20mg of PDRN (Polynucleotides) derived from salmon trout DNA. It boosts collagen and elastin production, improving skin regeneration, elasticity, and firmness for a smoother, lifted and brighter eye area

BENEFITS

- Brightens tired looking eyes
- Lifts hooded eyes + sagging skin
- Smooths crepeyness
- Improves dark circles + under eye bags
- Smooths crows feet, under eye lines + wrinkles
- Rejuvenates + refreshes the eye area
- Youthful appearance
- Improves volume
- Alternative to tear trough filler

TREATMENT AREA

Eyes

TREATMENT METHOD

Injectable

TREATMENT PLAN

2-3 treatments spaced 3-4 weeks apart.
Results continue to improve over time with increased hydration and skin quality

PRICE

Treatment prices start from £120

TIME

30min

Jalupro Young Eye

Jalupro Young Eye is specifically formulated for the delicate skin around the eyes. This injectable treatment targets periorbital aging by restoring collagen production and skin thickness by combining signature amino acids, peptides, and bi-density hyaluronic acid.

BENEFITS

- Stimulates collagen production
- Firms + tones
- Lifts sagging + crepiness
- Brightens + illuminates
- Lightens dark circles
- Instant results

TREATMENT AREAS

Upper + lower eyes

TREATMENT METHOD

Injectable. Not suitable for clients with tear-trough filler

TREATMENT PLAN

2-3 treatments spaced 3 weeks apart. Repeat after 6 months.

PRICE

Treatment prices start from £160

TIME

30-45min

Nucleofil Strong

Nucleofill Strong is an advanced polynucleotide (PN) bio-stimulation treatment, it works by stimulating fibroblasts – the cells responsible for producing collagen and elastin. Formulated with highly purified, natural polynucleotides.

BENEFITS

Reduction in lines + wrinkles
Lifts + regenerates
Firmness + elasticity
Smooths + tones
Radiance + luminosity
Long lasting
Hydrates + rejuvenates
Antioxidant protectionn
Improved skin quality without volume

TREATMENT AREAS

Face, neck, décollete, hands - perfect for mature clients

TREATMENT METHOD

Injectable

TREATMENT PLAN

2-3 treatments spaced 3-4 weeks apart. Repeat after 6 months.

PRICE

Treatment prices start from £150

TIME

45min

BioRePeel

BioRePeel is an advanced, no-downtime chemical peel that revitalises and brightens the skin. Using a unique blend of acids, vitamins, and amino acids, it exfoliates dead skin cells while stimulating collagen production and skin regeneration. The result is smoother, healthier, and more radiant skin.

BENEFITS

- Improves skin texture + tone
- Reduces fine lines + mild wrinkles
- Minimises pigmentation + sun damage
- Deeply hydrates + restores radiance
- Stimulates collagen + supports long-term skin health
- Refreshes the complexion
- Combats early signs of ageing
- Lasting radiance + glow
- Non invasive + needle free

TREATMENT AREAS

Face, neck, décollete, hands, arms, back

TREATMENT METHOD

Skin resurfacing chemical peel
Microneedling Infusion

TREATMENT PLAN

1-2 treatments as a skin refresh
4-6 treatments spaced 1-2 weeks as a course
Suitable for all skin types and Fitzpatrick's

PRICE

From £99

TIME

45min

Ultimate Signature Lift + Fill

(Advanced Microneedling Therapy)

Your skin's most intelligent rejuvenation treatment — designed to rebuild, refine, and lift from within. This advanced microneedling protocol combines regenerative actives with collagen induction therapy to strengthen skin structure, improve firmness, and restore youthful definition.

No filler. No downtime. Just natural regeneration.

BENEFITS

- Facial contouring
- Firmer + smoother skin
- Visible authentically lifted effect
- Fills fine lines + wrinkles without dermal filler
- Luminosity + glow
- Increased volume, collagen + elasticity

TREATMENT AREAS

Face, eyes, neck

TREATMENT METHOD

Microneedling infusion combined with bespoke injections to specific areas such as crows feet, smokers lines, marionettes, naso folds, lines, wrinkles + areas of lost volume

TREATMENT PLAN

1 treatment as a quick “pick me up”
or 2-3 treatments 2-3 weeks apart for lasting results

PRICE

£145

TIME

45min-1h

Acne Management

Our Acne Treatment & Management Plan is a personalised, results-driven approach designed to help you achieve clearer, healthier, and smoother skin. Each plan is tailored to your individual skin concerns, combining a series of professional treatments that target both active acne and post-acne scarring.

It's important to first focus on clearing all active acne, using a combination of deep-cleansing facials, extractions, exfoliating peels, and targeted skincare to reduce inflammation, congestion, and bacteria.

Once the skin is calm and clear, we then progress to microneedling treatments to improve texture, reduce scarring, and promote collagen production for long-term skin renewal.

Our Acne Management Plan May Include:

Purifying Skin Therapy Facial (Deep cleansing + detoxifying facial including extractions of blackheads + milia)

BioRePeels for exfoliation and cell renewal

Microneedling to repair and smooth post-acne scarring

Personalised home-care and aftercare

Prices available upon consultation.

Each plan is customised to your skin's specific needs and goals.

Skin Therapy Facials

Skin Reset

A restorative, non-invasive clinical facial designed to reset, brighten & re-energise the skin. Your skins deep cleanse + cellular reset without downtime!

BEST FOR

Celular reset
Dull, tired skin
First time skin clients
Maintenance Glow

TIME

45min

INCLUDES

Cleanse & enzyme polish,
Ultrasonic skin scrubber,
AHA resurfacing booster,
Hydrating bio-cellulose sheet
mask, Finishing products.

PRICE

£50

Purifying Skin Therapy

A corrective treatment for congested skin, acne-prone concerns & hormonal breakouts. Clinical purification + barrier-friendly care - results without stripping.

BEST FOR

Breakouts
Blocked pores
Blackheads & milia
Stressed skin

TIME

1h

INCLUDES

Cleanse & enzyme polish,
Manual + Ultrasonic extractions,
AHA resurfacing booster,
Hydrating bio-cellulose sheet
mask, Finishing products.

PRICE

£65

Treatment Guide

CONCERN	ANTI-WRINKLE	SOSUM SOFT	SEVENTY HYAL	VITARAN 2	NUCLEOFILL STRONG	VITARAN EYES	JALUPRO YOUNG EYE	BIOREPEEL	ULTIMATE SIGNATURE LIFT + FILL	SKIN RESET FACIAL	PURIFYING SKIN THERAPY
CROWS FEET											
FROWN/11 LINES											
GUMMY SMILE											
FOREHEAD LINES											
CHIN DIMPLING											
NASOLABIAL FOLDS											
MARIONETTE LINES											
FACE SLIMMING											
FACE CONTOUR											
JOWELS/JAWLINE											
SMOKERS LINES											
HOODED EYE LIDS											
UNDER EYE DARK CIRCLES											
UNDER EYE BAGS											
UNDER EYE WRINKLES											
VOLUME LOSS											
LIFTING EFFECT											
GENERAL LINES & WRINKLES											
DEEP LINES + WRINKLES											
LIP VOLUME											
DULLNESS											
DRYNESS											
SKIN TONE											
PIGMENTATION/SUNDAMAGE											
ACNE SCARRING											
ACNE + BREAKOUTS											
TURKEY NECK											
INFLAMATION & REDNESS											
NECK/DECOLLETE AGEING											
HAND AGEING											
STRETCHMARKS											
SCARS											
BACK ACNE/CONGESTION											

About

At SKIN By Steph, every treatment is guided by one philosophy — true radiance comes from regeneration, not intervention.

My approach is grounded in science, elevated by experience, and shaped by a belief that lasting skin health and confidence should always look and feel natural.

I began my professional journey at just seventeen where my passion for advanced skin health first began. Over the years, I've worked internationally, trained other professionals, and developed a refined, regenerative approach to aesthetics — one that values integrity over trends and celebrates skin that evolves beautifully with time.

Every product and protocol I use is carefully researched and selected for its proven efficacy and safety of use. I only work with CE-marked, clinically tested formulations and technologies, ensuring every treatment supports the skin's long-term health rather than compromising it. I don't follow industry fads — I strongly believe that great skin begins from within, not from multiple machines, lasers, or heat-based treatments that can deplete your skin's precious collagen bank.

With over two decades of hands-on expertise, my clinic embodies calm, clinical elegance — a space where precision meets tranquillity. Each treatment is tailored to lift, restore, and rejuvenate, from my signature Ultimate Lift to my results-driven Skin Gym programme.

I am fully insured and committed to ongoing professional development, currently completing my government-regulated OFQUAL qualifications to align my practice with the highest standards in clinical skincare and aesthetics.

At SKIN By Steph, every client journey is bespoke, considered, and deeply personal — designed to honour your skin's integrity and reveal its most luminous, confident self.

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